



# Thornaby Church of England Primary School

## Sex and Relationship Policy

### **What Is Sex and Relationship Education?**

*Sex and Relationship Education is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.*

### **Principles and Values**

*In addition we believe that SRE should:*

- Be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life.*
- Be an entitlement for all pupils in our care.*
- Encourage every pupil to contribute to make our community and aims to support each individual as they grow and learn.*
- Be set within this wider school context and supports family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches, including sexual orientation, without promotion of any particular family structure. This was a key principle for the parents/ carers and staff, who were involved in the consultation. We consider the important values are love, respect and care for each other.*
- In our school and community we aim to encourage pupils and teachers to share and respect each other's views. We aim to generate an atmosphere where questions and discussion on*

*personal matters can take place without any stigma or embarrassment.*

- Recognise that parents/carers are the key people in teaching their children about relationships, growing up and sex. We aim to work in partnership with parents/carers and pupils, consulting them about the content of programmes.*
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, other mentors or advisers.*

**Personal Development and Relationship Education in our school has three main elements:**

### **Personal and Social Skills**

- learning to manage emotions and relationships confidently and sensitively*
- developing self-respect and empathy for others*
- learning to make choices with an absence of prejudice*
- developing an appreciation of the consequences of choices made*
- managing conflict*
- empower pupils with the skills to be able to recognise inappropriate/ uncomfortable situations and/or behaviours with their peers and adults*

### **Attitudes and Values**

- learning the importance of values, individual conscience and moral choices*
- learning the value of family life, stable and loving relationships, and marriage*
- learning about the nurture of children*
- demonstrating the values of respect, love and care*
- exploring, considering and understanding moral dilemmas*
- developing skills including negotiation and decision-making*
- challenging misconceptions*

### **Knowledge and Understanding**

- *learning and understanding physical and emotional development at appropriate stages*
- *understanding physical and emotional changes and the development of relationships*
- *learning about reproduction, human sexuality and personal health*
- *learn about where to go for help or advice in school and how to access a range of local and national support agencies*

### **Aims**

*The aim of SRE is to provide balanced factual information about physical and emotional changes, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Our programme aims to prepare pupils through an age and maturity appropriate curriculum, which will prepare them for an adult life in which they can:*

- *develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self-esteem to value themselves and others and respect for individual conscience and the skills to judge what kind of relationship they want.*
- *understand the consequences of their actions and behave responsibly within developing relationships.*
- *avoid being pressured into uncomfortable or dangerous situations.*
- *communicate effectively by developing appropriate terminology for sex and relationship issues.*
- *develop awareness of their sexuality, understand differences and promote equality and diversity*
- *have sufficient information and skills to protect themselves from infection*
- *be aware of sources of help and acquire the skills and confidence to access health advice and support*

### **Organisation and Content of Personal Development Education**

*At Thornaby Church of England Primary School Sex and Relationships Education is taught through the use of the Educational Resource 'Lucinda and Godfrey', Personal, Social and Health Education Programmes and the Science Curriculum.*

*The 'Lucinda and Godfrey' Resources are based on two characters who begin nursery school together. The scheme follows them through their primary school growing and changing with them. The Resource is used to supplement class work and it takes a holistic approach to SRE as part of the PSHCE curriculum we follow in school. The Resource is used from Foundation through to Year 6. It is a spiralling curriculum produced with regard to current guidelines. Adaptations of the resource are encouraged to meet the needs of individual children and family situations.*

### ***Overview in Personal Development Education Teaching Programme***

***Foundation - We are all different.*** (Considers differences between girls and boys including sexual organs.)

***Yr 1 - Exploring friendship and trust.*** (The concepts of friendship and trust.)

***Yr 2- Keeping clean.*** (Personal hygiene.)

***Yr 3 -Your feelings your choice.*** (Looks at personal safety and decision making.)

***Yr 4 - Keeping safe.*** (Deals with peer pressure.)

***Yr 5 - Growing and changing.*** (Physical and emotional changes as puberty begins.)

***Yr 6 - Growing and changing.*** (Changing & different kinds of relationships, pregnancy and contraception.)

*SRE lessons are set within the wider context of the PSHE curriculum and focus more on the emotional aspects of development and relationships, although the physical aspects of puberty and reproduction are also included, working in partnership with the*

*School Nurse. The Science National Curriculum is delivered and although it is more concerned with the physical aspects of development and reproduction, the importance of relationships is inextricably linked within the delivery of programmes and our school ethos.*

### ***Inclusion and Equality***

*Equality is ensuring individuals or groups of individuals are treated fairly and equally and no less favourably, specific to their needs, including areas of race, gender, disability, religion or belief, sexual orientation and age.*

### ***Ethnic and Cultural Groups***

*We intend our policy to be sensitive to the needs of different ethnic, cultural and religious groups. We encourage parents/ carers to discuss any concerns with the Headteacher.*

### ***Pupils with Special Needs***

*We will ensure that all pupils receive age appropriate sex and relationship education, and we will offer provision appropriate to the particular needs of all our pupils, taking specialist advice where necessary.*

### ***Monitoring and Evaluation of Personal Development Education***

*It is the responsibility of the Head teacher and SRE Coordinator to oversee and organise the monitoring and evaluation of SRE, in the context of the overall school plans for monitoring the quality of teaching and learning.*

To be reviewed October 2018